Hazardous Materials and Your Health
Exposure Level Definitions

Time Weighted Average (TWA) – 8 hours per day 40 hours per week

Short Term Exposure Limit (STEL) – 15 min TWA which should not be exceeded more than 4 times per day with 60 minutes between exposures

Ceiling (C) – a concentration that should not be exceeded during any part of the working exposure assuming direct reading instruments are used

Peak – a one time spike if no other exposure occurs
Exposure Limits

Permissible Exposure Limit (PEL)

- Maximum air concentration you can be exposed to in an 8-hour period, 40-hour week without respiratory protection